



Program Leader (Me) – Is in charge of the team as a whole; they provide overall management and organization of the project. This position will present and report to leadership and other key stakeholders, recruit educators, train educators and cardiac staff, and coordinate interns. They will be the final say in assessment, implementation, and evaluation processes. They oversee curriculum, lesson plans, and safety. They will handle the budget, advocacy, and marketing with the help of the interns. They will also teach the review class, which is session 6 of the program.

The program leader will provide a diplomatic leadership style where the team is all considered equal and working together to implement a successful program. Individuals will be utilized in roles that accentuate their skills. The key to being a great program leader is to build relationships and that starts with the relationships built within the stakeholders and staff with whom you are working.

Cardiac Doctors and Management – They oversee processes related to the cardiology side of the program. They will be educated on the program and continue to manage and coordinate the cardiac team involved in the program implementation. They also take part in the advising team of stakeholders.

Hospital Leadership – They oversee policy related to administration the program to ensure adherence to hospital regulations. They are also a part of the advising team of stakeholders.

Other Key Stakeholders – This includes stress management experts, hospital philanthropists, previous cardiac rehab graduates, families, and close friends of participants. They are also invited to be a part of the advising team of stakeholders.

Program Interns – Integrative Health Interns will be recruited to assist the Program Leader and help with day-to-day tasks. They will participate in any task deemed by the Program Leader that is related to the project.

CAM Educators – Credentialed professionals teaching the 5 CAM sessions. They will take part in training, lesson plans, and teaching the sessions.

Cardiac Staff – will support the doctors management and leadership in follow through and administration of the program from the standpoint of cardiology.